

Course Name: Philosophy and History of Psychology

Degree	Bachelor's Degree
Department/Study Program	Psychology
Type of Class	International
Lecturer Name	Dr. Joevarian Hudiyana, S.Psi., M.Si.
Course Structure	Lecture
Course Credits	4
Course Overview	Upon completion of this course, students are able to understand the
	philosophical assumptions made by some of the most influential
	people who have shaped psychology. Students will also learn about
	contemporary psychology theories and practices, including
	behaviorism, developmental psychology, cognitive psychology,
	sociobiology, neuropsychology, and cognitive neurobiology.
Course Key Words	Psychology; History of Psychology; Philosophy of Psychology
Learning Outcome	Students are expected to understand and apply concepts and
	theories from the philosophy and history of psychology to explain
	examples from everyday life. Students are expected to use their
	understanding of various schools of thought and historical
	developments in psychology to explain daily phenomena.
	Additionally, students should be able to reflect on that
	understanding when analyzing their own life experiences or events
	by the end of the semester.
Course Schedule	1. Introduction to the Philosophy and History of Psychology
	2. Ancient Greece, Hedonism, Epicureanism, Eudaimonism
	Ethics
	3. Ancient Rome & Dark Age, Renaissance, Stoicism Ethics.
	4. Empiricism, Sensationalism, Positivism, Utilitarianism, Ethics
	5. Rationalism, Deontology Ethics
	6. Romanticism & Existentialism
	7. Early Treatment of Mental Illness, Ethics for Psychological
	Practitioners
	8. Midterm Period: Group Assignment (Infographic)



LIST OF COURSES OFFERED TO INTERNATIONAL STUDENTS NON-DEGREE PROGRAM EVEN SEMESTER, ACADEMIC YEAR 2025/2026

	9. Physiology & Psychophysics, Early Experimental Psychology,
	Gestalt Psychology
	10. Evolutionary Theory & Measurement Traditions,
	Functionalism
	11. Psychoanalysis & Neo-psychoanalysis
	12. Behaviorism & Neo-behaviorism, Ethics in Psychological
	Research
	13. Humanistic & Existential Psychology
	14. Cognitive Psychology & Psychobiology
	15. Psychology Today, Psychology in Indonesia, Contemporary
	Ethics
	16. Final Examination
Textbooks, References,	• Henley, T., & Hergenhahn, B. R. (2023). History of psychology
and Supplementary Materials	(11th ed.). Sage Publications.
(Maximum 3)	Bertens, K. E. (2005). Etika. Jakarta: Gramedia Pustaka Utama.
Grading Component	1. Infographic - Group Assignment = 30%
	2. Final Exam = 30%
	3. Storytelling Part 1 = 20%
	4. Storytelling Part 2 = 20%
Other	- Minimum attendance for in-person classes is 75% of the total
(i.e. Expectations on Classroom	sessions during the semester. Any absence must be
Conduct and Decorum etc.)	accompanied by a formal excuse letter, which should be
	submitted to the instructor at least three days before the
	scheduled class. If it is not possible to provide the required
	documentation, please contact the instructor directly.
	- Students are required to uphold and practice academic
	integrity. Violations of academic integrity will be penalized
	according to the regulations of the Faculty of Psychology and
	the University of Indonesia.
	- Show Respect and Inclusivity Towards Differences:
	Demonstrate respect for diverse perspectives and
	backgrounds. Avoid making offensive comments related to
	sensitive topics such as race, religion, gender, or disability.
	- Avoid Using Sarcasm: Refrain from using sarcastic remarks,
	as they can be misunderstood and may detract from



LIST OF COURSES OFFERED TO INTERNATIONAL STUDENTS NON-DEGREE PROGRAM EVEN SEMESTER, ACADEMIC YEAR 2025/2026

constructive d	ia	logue.
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- Provide Constructive Feedback: When responding to a peer's ideas, offer constructive feedback. If you agree with their viewpoint, explain why. If you disagree, present your perspective respectfully and thoughtfully.
- Be Punctual: Arrive on time for classes and discussions to show respect for others' time and to ensure you don't miss important content.
- Be Prepared: Come to class having completed the required readings and assignments, and be ready to engage in discussions.
- Listen Actively: Pay attention when others are speaking, and avoid interrupting. Show that you are listening through appropriate body language and by acknowledging their contributions.
- Use Technology Responsibly: If using electronic devices during class, ensure they are used in a manner that supports the learning environment, such as for note-taking or accessing course materials. Avoid distractions like texting or browsing unrelated websites.
- Respect Confidentiality: When discussing personal experiences or sensitive topics, respect the privacy of others and keep the information shared within the classroom confidential unless permission is given to share.



Course Name: Perceptual, Motor, Motivation and Emotion

who successfully complete this course will be able to use and ideas about perceptual motors, motivation, and in daily life at the individual, group, organizational, and ity levels from the perspectives of psychology and all neuroscience. The lecture technique will include all learning as a prerequisite for attending lectures,
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we lectures, learning video screenings, small group ons, as well as debate and feedback in large groups for a comprehension of the subject matter. All techniques are used tously and asynchronously via online media or blended English will be used as the language of instruction for this Quiz results, on-the-spot essays, mid-semester exams, final exams, final project projects involving the application of erial from this lecture and other courses in the same, as well as active participation in small group and large coussions are all used to determine the cumulative grade of
taking this course.
n & Perception, Motor, Motivation, Emotion, General ogy, Biopsychology, Biological Psychology
ecessfully completing this course, students are expected to apply theories and concepts related to perceptual and
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EVEN SEMESTER, ACADEMIC YEAR 2025/2026

	nervous system;
	b) introduction to research methods in psychology and
	neuroscience;
	c) hereditary and environmental factors that influence the
	development and plasticity of the nervous system, and how they
	affect changes in behavior;
	d) the structures, functions, and processes of the sensory, perceptual,
	and motor systems;
	e) the neuroanatomical and neurophysiological bases of
	motivational and emotional behaviors.
	Methods of instructions include independent learning from pre-
	recorded videos and reading materials provided prior to attending
	lectures, small group discussions, questions-and-answers through
	online discussion forums, individual tasks and assignments, and an
	end-of-term group project.
Course Schedule	1. Introduction to Psychology and Behavioral Neuroscience:
	What's In It for Me?
	2. How do the cells of the nervous system play a role in behavior?
	3. Nerve Impulse: The pulse that makes me take action
	4. Synapses: Communication between Nerve Cells
	5. Organization of the Nervous System: Structures and Functions
	6. Research Methods in Psychology and Neuroscience: An
	Introduction
	7. The Visual System from the Perspectives of Psychology and
	Behavioral Neuroscience
	8. Research Project Consultation
	9. Midterm Examination
	10. The Auditory System from the Perspectives of Psychology and
	Behavioral Neuroscience
	11. The Somatosensory and Motor Systems from the Perspectives
	of Psychology and Behavioral Neuroscience
	12. Nature vs. Nurture and Their Effects on Nervous System and
	Behavioral Changes
	13. Motivation from the Perspectives of Psychology and
	Behavioral Neuroscience



LIST OF COURSES OFFERED TO INTERNATIONAL STUDENTS NON-DEGREE PROGRAM **EVEN SEMESTER, ACADEMIC YEAR 2025/2026**

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	14. Understanding Emotions
	15. Research Project Consultation
	16. Final Examination
Textbooks, References,	- Kalat, James W. Biological Psychology, 13th edition. Cengage
and Supplementary Materials	Learning, 2018.
(Maximum 3)	- Kalat, James W. Introduction to Psychology, 11th edition.
	Cengage Learning, 2016.
	- King, Laura. The Science of Psychology, 5th edition. Mc.Graw-
	Hill Education, 2019.
Grading Component	- Quizzes: 10% (Quiz 1: 5% + Quiz 2: 5%)
	- Midterm Examination: 20%
	- Final Examination: 20%
	- Essay on the spot (individual assignment): 15%
	- Film Analysis: 10%
	- End-of-term project (group assignment): 25%
Other	- Course attendance policy follows the university's policy on
(i.e. Expectations on Classroom	course attendance and absence. The university's policy on
Conduct and Decorum etc.)	non-attendance penalty applies accordingly (i.e., a failing
	grade of "E" given to any student whose attendance record for
	the semester is less than 75% of the total class sessions).
	- Any tardiness exceeding 15 minutes from the start of class (or
	for online class meetings, logging in to the synchronous Zoom
	class session more than 15 minutes after the start of the
	session) without prior written notice and/or consent from the
	instructor will be treated as an absence and the tardy student
	will be marked as absent, although the student is nevertheless
	permitted to join the class session.
	- Make-up quizzes and exams will only be given to students
	who:
	(a) submit an official doctor's note explaining the reason for
	their absence (for a missed quiz/exam due to illness); or
	(b) submit a written documentation signed by a Faculty or
	University administrator explaining the reason for their



disciplinary actions.

	absence (for a missed quiz/exam while participating to
	represent the Faculty or University in an official Faculty- or
	University-approved activity).
-	Students who miss a quiz or an exam due to to unforeseen
	circumstances (e.g., health emergency in the family, force
	majeure, etc.) that make attendance impossible should notify
	their instructor immediately to schedule a make-up
	quiz/exam.
-	The format and content of make-up quizzes/exams MAY OR
	MAY NOT be the same as the original.
-	Cheating, plagiarism, and all other forms of academic
	dishonesty will not be tolerated. Students who are found
	engaging in any academic dishonesty will receive an "0" for
	the course component in which the dishonesty occurred, a
	failing grade of "E" for the final course grade, and will be
	reported to the Faculty and University for the appropriate



Course Name: Theories of Personality

Degree	Bachelor's Degree
Department/Study Program	Psychology
Type of Class	International
Lecturer Name	Lia Mawarsari Boediman, M.S.C.P, Psy.D.
Course Structure	Lecture
Course Credits	4
Course Overview	Students who complete this course will be able to describe human personality using theories from the psychodynamics, attribute, cognitive-learning, humanistic positive psychology, and other modern theory groups. Active learning techniques, small group discussions, simulations, and case studies including both self-analysis of individual situations and other examples evaluated in groups will be used to convey the lecture material.
Course Key Words	Psychology, Personality
Learning Outcome	After completing this course, students are able to analyse human personality based on various theory of personality models: - Students are able to explain the characteristics of psychoanalytic, dispositional, cognitive-learning, humanistic/transpersonal and positive psychology theories of personality - Students are able to explain and compare the basic concepts of each figure in the psychoanalytic, dispositional, cognitive-learning, humanistic/transpersonal and positive psychology theories of personality - Students are able to explain and compare the concepts of cognitive-learning, humanistic/transpersonal, and positive psychology theories of personality in daily live activities (- Students are able to describe the relationship between concepts in the personality theories based on various theory of personality models



EVEN SEMESTER, ACADEMIC YEAR 2025/2026

	- Students are able to analyse personality using one of these
	personality theories: learning-cognitive,
	humanistic/transpersonal/contemporary, or positive
	psychology theories
Course Schedule	- Introduction to Personality: Definition of Personality,
	personality measurement
	- Sigmund Freud: 1. Level of Mental Life; 2. Provinces of Mind;
	3. Dynamic of Personality; 4. Defense Mechanism; 5. Stages of
	Development; 6. Application of Psychoanalytic Theory
	- Carl G. Jung: 1. Levels of Psyche; 2. Dynamics of Personality;
	Psychological Types; 3. Development of Personality; 4. Jung's
	Method of Investigation; 5. Application of Jung's Theory
	- Alfred Adler: 1. Striving for Success or Superiority and
	Subjective Perception; 2. Unity and Self – Consistency of
	Personality; 3. Social Interest; 4. Style of Life and Creative
	Power; 5. Abnormal Development Application of Individual
	Psychology
	- Erich Fromm: 1. Basic Assumption; 2. Human Needs; 3. The
	Burden of Freedom; 4. Character Orientation; 5. Personality
	Disorder; 6. Psychotherapy
	- Karen Horney: 1. Introduction to Psychoanalytic Social
	Theory; 2. Basic Hostility and Basic Anxiety; 3. Compulsive
	Drives; 4. Intrapsychic Conflict; 5. Feminine Psychology
	- Gordon W Allport and Costa Mc Crae: 1. Allport's approach to
	Personality Theory; 2. Structure of Personality; 3. Motivation;
	4. The Study of Individual
	- Evolutionary Theory: David Buss
	- Learning and Cognitive: BF Skinner and Bandura
	- Positive Psychology
	- Humanistic/Transpersonal: Rogers (Person-Centered Theory)
	- Humanistic/Transpersonal: Maslow (Holistic-Dynamic
	Theory)
	- Self Determination Theory
	- Personality Theory Contemporary: Transpersonal & Personal
	Growth



EVEN SEMESTER, ACADEMIC YEAR 2025/2026

Textbooks, References,	Mandatory Textbook:
and Supplementary Materials	Feist G., Roberts T., Feist J. (2018 or 2021). Theories of Personality
(Maximum 3)	(9th or 10th ed). New York: McGraw-Hill International Edition.
	Additional Textbooks:
	- Frager, R. & Fadiman, J. (2013). Personality and Personal
	Growth. Edisi Ketujuh. New Jersey: Pearson
	- Monte, C. F., & Sollod, R. N. (2003). Beneath the mask: An
	introduction to theories of personality (7th ed.). John Wiley &
	Sons Inc.
	- Seligman, M. E. P. (2002). Authentic happiness: Using the
	new positive psychology to realize your potential for lasting
	fulfillment. New York: Free Press.
	- Ryan, R. M. & Deci, E. L. (2017). Self-Determination Theory:
	Basic Psychological Needs in Motivation, Development, and
	Wellness: The Guildford Press.
Grading Component	- Group Work: Presentation Analysis Famous/Influential
	people using personality theory – 20%
	- QUIZ 1 (Introduction, Freud, Jung, Adler) – 20%
	- Midterm (Horney, Fromm, Allport, Costa McCrae) – 20%
	- Quiz 2 (Buss, Skinner, Bandura, Seligman) – 20%
	- Final Midterm (Rogers, Maslow, SDT, Transpersonal) – 20%
Other	Students are expected to:
(i.e. Expectations on Classroom	- Attend all classes regularly (minimum 75% attendance across
Conduct and Decorum etc.)	all class sessions) and on time.
	- Participate actively in discussions and learning activities.
	- Maintain respectful behavior toward instructors and peers.
	- Avoid any form of academic dishonesty (e.g., plagiarism,
	cheating).



Course Name: Social Psychology

Degree	Bachelor's Degree
Department/Study Program	Psychology
Type of Class	International
Lecturer Name	mgr Erita Narhetali, S.Psi.
Course Structure	Lecture
Course Credits	4
Course Overview	The goal of this course is to introduce the fundamental theories and
	ideas of social psychology. The premise of this course is that people
	find it challenging to live their lives in isolation from their social
	environments. Students in this course gain knowledge about how
	people think, feel, and act in social situations based on the findings
	of scientific studies. This course stresses the use of the scientific
	method to evaluate and develop conclusions and refers to scientific
	sources, both classical and contemporary, in an effort to
	comprehend human thoughts, feelings, and behavior.
Course Key Words	Social Psychology
Learning Outcome	Upon completion of the course students are able to analyze
	psychological problems at the individual, group, organizational,
	and community levels in various settings based on appropriate
	research and social psychology theories.
Course Schedule	Introduction to Social Psychology
	2. Research Methods in Social Psychology
	3. Social Self
	4. Social Perception
	5. Attitudes
	6. Social Influences
	7. Stereotypes, Prejudice, and Discrimination
	8. Midterm Examination
	9. Individuals in Groups
	10. Group Processes
	11. Interpersonal Relationship



LIST OF COURSES OFFERED TO INTERNATIONAL STUDENTS NON-DEGREE PROGRAM EVEN SEMESTER, ACADEMIC YEAR 2025/2026

	12. Prososocial Behavior				
	13. Aggressive Behavior				
	14. Applied Social Psychology 1				
	15. Applied Social Psychology 1				
	16. Final Examination				
Textbooks, References,	Kassin, S., Fein, S. & Markus, H. R. (2017). Social psychology.				
and Supplementary Materials	10th ed. International Edition. Wadsworth, Cengage Learning.				
(Maximum 3)	Additional journal articles will be provided by course instructor as				
	needed.				
Grading Component	- Assignment 1: 5%				
	- Assignment 2 (Article Review): 20%				
	- Assignment 3 (Expository Essay): 25%				
	- Midterm Examination: 25%				
	- Final Examination: 25%				
Other	Students are expected to:				
(i.e. Expectations on Classroom	- Attend all classes regularly (minimum 75% attendance across				
Conduct and Decorum etc.)	all class sessions) and on time.				
	- Participate actively in discussions and learning activities.				
	- Maintain respectful behavior toward instructors and peers.				
	- Avoid any form of academic dishonesty (e.g., plagiarism,				
	cheating).				



Course Name: Psychology of Family Education (tentative)

Degree	Bachelor's Degree			
Department/Study Program	Psyhology			
Type of Class	Regular			
Lecturer Name	Stephanie Yuanita Indrasari, S.Psi., M.Psi.			
Course Structure	Lecture			
Course Credits	3			
Course Overview	This course is intended to introduce students to the application of			
	Educational Psychology with a main focus on the role of the			
	family, particularly by looking at the context of schools and			
	society. The learning methods used are active learning methods,			
	especially flipped classroom, presentations, discussions,			
	interactive lectures, and using Indonesian or English. After			
	completing this course, students should be able to examine the			
	factors that can help family involvement in the teaching and			
	learning process of children at school.			
Course Key Words	Family; Education; Psychology			
Learning Outcome	Students should be also able to:			
	1) identify the impact of ecology and socialization that affects the			
	development of a child through Bronfenbrenner's theory;			
	2) identify how factors in the family affect the socialization of			
	children;			
	3) identify how factors in schools affect the socialization of			
	children;			
	4) identify how factors in society (mass media and technology)			
	affect children's socialization; and			
	5) examine how parents and families are involved in the teaching			
	and learning process of children related to physical, emotional &			
	social development (including achievement motivation and social			
	skills), Mathematics, Science and Social Sciences, Physical			
	Education, Creative Arts & Music.			
	At the end of the semester, students will be asked to design a			
	simple activity about family involvement (especially parents) in			



EVEN SEMESTER, ACADEMIC YEAR 2025/2026

	developing certain aspects (choose from one of: physical,				
	emotional & social development (including achievement				
	motivation and social skills), Mathematics, Physical Education,				
	Science and Social Sciences, Creative Arts & Music) by utilizing				
	social media.				
Course Schedule	1. Ecology of a Child				
	2. Ecology of Socialization				
	3. Ecology of Family and Parenting				
	4. Ecology of Non-Parental Childcare				
	5. Ecology of School and Teacher				
	6. Ecology of Peer Group				
	7. Ecology of Mass Media and Community				
	8. Midterm Examination				
	9. Language & Literacy				
	10. Math				
	11. Science				
	12. Social Science				
	13. Physical Development				
	14. Creative Art				
	15. Music				
	16. Final Examination				
Textbooks, References,	- Berns, R.M. (2012). Child, Family, School, Community:				
and Supplementary Materials	Socialization and Support. 9th edition.California: Wadsworth				
(Maximum 3)	Cengage Learning.				
	- Henniger, M.L. (2015). Teaching young children: ar				
	introduction. 4th edition. New Jersey: Pearson Education, Inc.				
Grading Component	- Reflection: 15%				
	- Discussion: 30%				
	- Presentation: 15%				
	- Midterm Reflection: 20%				
	- Final Education Project: 20%				
Other	Students are expected to:				
(i.e. Expectations on Classroom	- Attend all classes regularly (minimum 75% attendance across				
Conduct and Decorum etc.)	all class sessions) and on time.				
	- Participate actively in discussions and learning activities.				



Maintain respectful behavior toward instructors and peers.Avoid any form of academic dishonesty (e.g., plagiarism,
cheating).



Course Name: Psychology of Women and Gender (tentative)

Degree	Bachelor's Degree			
Department/Study Program	Psychology			
Type of Class	Regular			
Lecturer Name	Prof. Dr. Elizabeth Kristi Poerwandari, M.Hum.			
Course Structure	Lecture			
Course Credits	3			
Course Overview	Thid course is intended to provide students with knowledge about			
	various problems, challenges, and peculiarities of women's lives in			
	particular, and humans in general, related to gender construction in			
	society. After completing this course, students are expected to be			
	able to design research and non-clinical interventions critically,			
	innovatively, and ethically related to women's issues and gender			
	relations/construction based on research principles and			
	psychological theories. This course uses active learning methods,			
	especially discussions, presentations, case-based learning, project-			
	based learning, interactive lectures, and uses English as a language			
	of instructions.			
Course Key Words	Psychology; Women; Gender			
Learning Outcome	After completing this course, students are expected to be able to			
	design research and non-clinical interventions critically,			
	innovatively, and ethically related to women's issues and gender			
	relations/construction based on research principles and			
	psychological theories.			
Course Schedule	1. Why Study the Psychology of Women and Gender?			
	2. Theoretical Perspectives on Gender			
	3. Gender Stereotypes and Gender Differences			
	4. Gender and Communication			
	5. Gender and Emotion			
	6. The Psychology of Men and Masculinity			
	7. Gender and Sexual Orientation			



EVEN SEMESTER, ACADEMIC YEAR 2025/2026

Textbooks, References,	Mandatory:				
and Supplementary Materials	- Else-Quest, Nicole H. dan Hyde, Janet Shibley (2018). The				
(Maximum 3)	Psychology of Women and Gender. Half the Human				
	Experience. 9th ed. Boston: Houghton Mifflin Company.				
	- Levant, Ronald & William Pollack (1995). A New Psychology				
	of Men. New York: Basic Books. Rollins, Joan (1996).				
	Women's Minds Women's Bodies. The Psychology of Wor				
	in a Biosocial Context. New Jersey: Prentice Hall.				
	- Matlin, Margaret (2012). The Psychology of Women, 7th ed.				
	Belmont: Thomson Wadsworth. Crawford, Mary. "Gender				
	and language", in Unger (editor), 2001, Handbook of the				
	psychology of gender, New Jersey: John Wiley & Sons, pp.				
	228 – 244				
	- Helgeson, Vicky (2012). The Psychology of Gender. Fourth				
	Edition. Boston: Pearson.				
	Additional:				
	- Clarke Victoria; Sonja J. Ellis, Elizabeth Peel and Damien V				
	Riggs (2010). Lesbian, Gay, Bisexual, Trans and Quee				
	Psychology. An Introduction. Cambridge: Cambridge				
	University Press.				
	- Tong, Rosemarie. (2018). Feminist Thought. Colorado: Westview Press.				
Grading Component	- Analysis of Phenomenon: 10%				
Grading Component	- Analysis of Filehomenon. 10% - Situational Reflection: 15%				
	- Mini-research: 15%				
	- Midterm Examination: 20%				
	- Final Intervention Project: 40%				
Other	Students are expected to:				
(i.e. Expectations on Classroom	- Attend all classes regularly (minimum 75% attendance across				
Conduct and Decorum etc.)	all class sessions) and on time.				
	- Participate actively in discussions and learning activities.				
	- Maintain respectful behavior toward instructors and peers.				
	- Avoid any form of academic dishonesty (e.g., plagiarism,				
	cheating).				